
PRESS RELEASE

FOR IMMEDIATE RELEASE

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GVI Employees and Retirees Can Now Register for the 2024 Virtual Health and Wellness Expo: “Laying the Foundation to Health and Wellness!”

US Virgin Islands – The Division of Personnel through the GVI Wellness Program announces the **2024 Virtual Annual Health and Wellness Expo: “Laying the Foundation to Health and Wellness.”** Registration is now open for the expo, taking place on **Thursday, July 18, 2024, from 10 a.m. to 4 p.m.** This is an all-day virtual event that features a range of interactive sessions, dynamic speakers, cooking demonstrations, fitness, and health management. It is designed for our active employees and retirees on the government’s health insurance plan. The expo is a cornerstone of the GVI Wellness Program, organized by the Division of Personnel in collaboration with the GESB Health Insurance Board.

Featured topics and presentations include:

- Fitness Demonstrations
- Health Trends in the USVI: Spotlight on Top Conditions Impacting Members
- Stroke Smarts
- Cancer Awareness
- Stress Management
- Healthy Cooking
- Heart Health
- Financial Basics
- Mental Health
- Cigna
- UnitedHealthcare

Registration is now available for all active government employees and government retirees on the government’s health insurance plan. **Registration is required in order to participate, and it is open to 1,200 participants maximum; therefore, register now so that you can secure your spot!** Registration ends on Tuesday, July 16, 2024. With the event lineup now finalized,

participants are also offered the option of signing up for the workshops and sessions of their choice and even interactive challenges of interest.

Registration

To register, please visit www.employeewellnesshub.com/virgin-islands, then click the “sign-up” portal at the bottom of the page, set up an account, and receive your log-on credentials. The event will be streamed live and accessible from any smart device, ensuring flexibility and convenience for all attendees.

Important Notice

Your registration username and password will also be your access link for the event; therefore, please be sure to use the username and password that you created during registration. This will be the only way you will be able to attend the event and be counted on for your attendance. The expo can be accessed from any smart device.

Prizes and Challenges

Sign up for one of the expo challenges for a chance to win the grand prize, an Ultimate Self-Care Package, or any of the other amazing prizes! Gifts and produce bags will be given away to Cigna members who register and attend the event, and distribution details will be announced during the expo.

Should you have any questions or need any additional information, please contact Ms. Ladee Shanna Martin, Wellness Program Coordinator, at 340-774-8588 extension 5252 or via e-mail at Ladeeshanna.Martin@dop.vi.gov.

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