

Press Release

For Immediate Release

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DOP Distributes 'Produce and Swag Bags' to Participants of GVI Health and Wellness Expo

It's time to grab your swag! The Division of Personnel, GESC Health Insurance Board and Cigna would like to thank all who attended January's Health and Wellness Expo. Each of the 1,200 participants will receive a "swag bag" and a fresh produce bag from local farmers along with a range of health and wellness items that encourage fitness accountability, self-care and healthy living. **Only individuals** who actively participated in the expo will receive the swag and produce bags.

The Division of Personnel's "Drive-Through Distributions," are scheduled at specific locations throughout the territory on March 14 (STX), March 17 (STJ) and March 18 (STT). Please see distribution details below:

St. Croix – March 14, 2022 at the Canegeta Ball Park from 10A.M. to 4P.M.

St. John - March 17, 2022 at Cruz Bay Band Stand/Gazebo at 3P.M to 5P.M.

St. Thomas – March 18, 2022 at Griffith Ball Park from 10A.M. to 4P.M.

If you missed the virtual experience or any health initiative sponsored by Division of Personnel, don't worry – the Division of Personnel's YouTube page or GVI Wellness site has all the videos you need, along with a full recording of the main expo. Visit <u>youtube.com/usvidivisionofpersonnel</u> or <u>gviwellness.org/resources</u>.

V.I. Division of Personnel and its GVI Wellness Program will continue to work in conjunction with the GESC Health Insurance Board to create an ongoing organizational approach to improve and promote individual health for the GVI Community because health is wealth. Stay tuned!

"We are extremely pleased with the turnout of the virtual expo," V.I. Division of Personnel Director— Cindy Richardson said. "And now with most Co-vid restrictions lifted, we look forward to future collaboration and safe planning for more health initiatives that will aid all active GVI members and retiree's journey towards healthy living!"

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